Welcome Back to Term 2

We hope that everyone had some time to spend with their family or friends over the Easter break. The children have returned to school all eager to learn. First term flew by however we are already back into the swing of things with our teaching and learning programs.

Some reminders

SLC local excursion - Foreshore-Friday 22nd April
Anzac Day Holiday- Monday 25th April.
Mother’s Day Stall- Thursday 5th May
Grandparents/Special friend Day- Tuesday 17th May
Curriculum Day/ No students at school – Thursday 19th of May. Childcare is available through the Kelly Club program.
MLC Camp- May 25th –27th May
Hats- To keep our children SAFE from harmful sun rays they are required to wear hats outside from September through to April. Hats must be worn for two more weeks.
Healthy Food- we have a healthy food policy at our school. Lollies, chocolate, juices must not be brought to school. Children are encouraged to eat food at school with little sugar, fat and salt so that they can learn properly. The children should drink water throughout the day.

Friday Lunch Orders- ordered on line before 5.30pm on a Thursday.

School Uniform- all children wear a school uniform at Portarlington Primary. Navy and Red are the school colours (including for hair ties, scarves, leggings etc. Bike shorts or leggings are to be worn under dresses or skirts NOT by themselves. Stud earrings and a watch may be worn. Shoulder length hair is to be tied back. No nail polish or make up is to be worn to school.

Inquiry investigates lower P-Plate age

Should Victoria lower the driving licence age to 17?
A parliamentary inquiry is asking young Victorians and the greater community to have their say in the conversation and make written submissions for or against lowering the driving age to seventeen.
As part of the inquiry, the Victorian Parliament’s Law Reform, Road and Safety Committee wants to find out what the impacts could be of reducing the driving age.
‘Other Australian states and territories have a minimum age of 17 for P-plate licences,’ said Committer Chair Geoff Howard.
‘We want to find out whether Victoria should be matching that minimum age.’

Schools and students should think about the following questions and consider making a written submission.
Could a lower P-Plate age assist young people access employment, study and training?
Would a lower driving age affect the road toll?
What other impacts might occur with a change in licence age?
As part of the inquiry, the Committee will be considering the adequacy of transport services for young Victorians, particularly in regional areas.

Written submissions are due by 30 May 2016 and public hearings will then be held in Melbourne and regional Victoria.
To make a written submission to the inquiry, see:
Lowering the probationary driving age in Victoria to seventeen - Parliamentary inquiry
For more information about the inquiry, see: Law Reform, Road and Community Safety - Parliamentary inquiries
**Do you know someone who can help foster connection?**

Every year, Victoria experiences a shortfall of more than 300 foster carers. These carers support the lives and outcomes of children and young people who cannot live with their families. The Victorian Government are looking for individuals who can open their homes to the most vulnerable of Victorian children and young people.

It's the little things foster carers do for a child that make them amazing, like sharing a meal at the table or a trip to the footy. Carers don't need to be superheroes, but by offering this support foster carers change the lives and outcomes of those most in need.

If you feel you can be a suitable carer, apply now to begin the foster care recruitment and training process. To find out more about the enquiry process, see: [www.fosteringconnections.com.au](http://www.fosteringconnections.com.au) or call 1800 013 088.

**Call for volunteers**

**Drive a train or help our miniature railway in other ways!**

Do you enjoy being part of the Portarlington community? If so, we are looking for YOU!!!

The Portarlington Bayside Miniature Railway is located at the end of Point Richards Road. We are fully non-profit and run totally by volunteers.

We are currently seeking community volunteers for the following positions: gardens and ground keeping, train drivers, station assistants, kiosk staff and maintenance crews.

If we have enough volunteers, we hope to extend the line, add tunnels and much more.

If this sounds like something for you, please call Brian on 0476 124 598.

**Get Involved! Volunteers needed for the National Celtic Festival**

The National Celtic Festival is coming up fast and excitement is building as we gear up for another great festival.

The festival runs from Friday 10 June to Monday 13 June.

The program has some of the best international and national artists.

We invite you to be a part of our fantastic volunteer team that makes this Portarlington festival a reality.

Please visit the National Celtic Festival website to register as a volunteer [http://www.nationalcelticfestival.com/](http://www.nationalcelticfestival.com/)

If you are interested in being a billet for festival performers or want more information, please contact ncf.anna@gmail.com

**RUN to RIO**

**The Run to Rio track** is up and running in the school grounds where the children can run/walk their way from Portarlington to Rio (the host city of the 2016 Olympic Games). Children and adults who are part of our school community can also participate with their own run/walk distances. Some children and grown-ups are using ‘fit bits’ (or other devices) to measure their distances. There is a box in the foyer where slips can be placed with laps totals. These will be tallied and displayed on the notice board each month.
Healthy Together Updates:

**Keeping our children safe** –
Thank you to everyone who is making sure that your car travels at 40k in the school zone.

**Call the traffic hotline number** 1800333000 if you see cars doing the wrong thing and not respecting the safety of our children.

**School Crossing Rules:**
**If the flags are out:** A vehicle MUST STOP if a person is about to step onto the crossing or is already on the crossing. The vehicle must WAIT until the pedestrian is fully off the crossing before proceeding. Bikes must be **dismounted** before using the school crossings. This enables users to have better control and watch the road both ways.

**Dental Health:** a pink note went home yesterday giving all children the opportunity for free dental inspections on May 4th. Please send your completed permission form back ASAP.

**Fresh fruit** was delivered to all classrooms this morning for our first Fresh Fruit Thursday sponsored by Bendigo Community Bank. Thanks Amanda and Mel for preparing the trays.


**Packaged foods**
Please say NO
CHILD SAFETY
40 KM per HOUR SPEED LIMITS

NEWCOMBE STREET
40kmph ALL THE TIME

FENWICK and FISHER SCHOOL ZONE

SCHOOL ZONE
8 - 9:30 AM
2:30 - 4 PM
40 SCHOOL DAYS
School Fruit and Vegetable Garden Volunteers

We are seeking any parents/grandparents or friends that would like to volunteer in our Fruit and Vegetable Garden. You choose what you would like to help with.

Some things to do include-

- Watering
- Planting
- Weeding
- Harvesting
- Preparing fruit and veggies for distribution to the children
- Helping during the MLC garden classes
- Collecting seeds and cuttings
- Potting
Victorian Premiers’ Reading Challenge
The Victorian Premiers’ Reading Challenge is now open and Portarlington Primary School is excited to be participating.

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 9 September 2016.

Children from Prep to Year 2 are encouraged to read or ‘experience’ 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and can choose to have their name included on the online Honour Roll. If you would like your child’s name to appear on the Honour Roll, please sign the form that went home this week and return it to Wendy or the office as soon as possible. Any questions please see Wendy. To read the Premier’s letter to parents, view the booklists and for more information about the Victorian Premiers’ Reading Challenge, visit: www.education.vic.gov.au/prc
PORTARLINGTON BAYSIDE MINIATURE RAILWAY INC.
(Inc. A0065148P.)

MEDIA RELEASE

MINIATURE RAILWAY OPEN FOR BUSINESS:

This passenger carrying miniature railway is situated within the grounds of the Portarlington Bayside Family Park, Point Richards Road, Portarlington. It operates every Sunday, some public holidays and on Wednesdays during the school holidays - from 11.00 a.m. until 4.00 p.m. It is operated through the voluntary efforts of its members.

Trains run at frequent intervals and the cost is only $4.00 for a ride. The train ride takes about 6 minutes and a special attraction is that children under the age of 2 years travel free. Family tickets are available.

This family park is only 30 minutes by car from Geelong and with its natural beachside setting makes an ideal location for that special family outing or picnic. Other attractions in the park include ample car parking, playgrounds, walking trails, free electric BBQ facilities and a station kiosk - are all nearby. Special functions, trains & birthday parties can be arranged.

Further details can be obtained from the Portarlington Bayside Miniature Railway Inc. - at P.O.Box 419, Portarlington. 3223, or from our telephone info line – TEL No. 0476-124-598. Also visit our Facebook page......
"please remember" that foods such as quiche, bacon and egg pie etc are not included due to our egg free policy.
Monthly Market—Volunteers

Dear Parents

Portarlington Primary School is currently looking for volunteers for our monthly market. The market is held on the last Sunday of each month. Proceeds from the site fees from the Stall Holders goes directly to supporting the educational programs of the children at the school. We require volunteers for April & May. Please contact the office to express your interest.

Sultana Bran snack bars

These snack bars make the perfect lunchbox or after-school snack - and are great for grown-ups too. Easy-peasy to make, and simply delicious, these bars will stop your hunger, and satisfy your sweet tooth with their deliciously fruity taste.  serves: 12 | cook: 0:35

Ingredients

- 1/2 cup firmly packed brown sugar
- 125g reduced-fat margarine
- 1/3 cup golden syrup
- 3 1/2 cups Kellogg’s Sultana Bran
- 2/3 cup plain flour
- 1/2 cup dried apricots, chopped finely
- 2 eggs, beaten lightly

Method

1. Preheat oven to moderate (180°C/160°C fan-forced).
2. Grease 19cm x 29cm rectangular slice pan; line base and two long sides with baking paper.
3. Combine sugar, margarine and syrup in medium saucepan; stir over low heat until margarine melts.
4. Stir in remaining ingredients; mix until well combined.
5. Spread mixture into prepared pan.
6. Bake, uncovered, in moderate oven about 30 minutes or until browned and firm to touch.
Cool in pan before cutting.

- Substitute dried cranberries for the apricots for a delicious twist.

This recipe was created by Kellogg’s nutritionists
Bellarine Community Farmers' Market - this Saturday, 9am-1pm, Ocean Grove park. Come and meet the best of local and regional makers, growers and producers, for fresh seasonal produce and artisan food to go! Dogs on leads welcome + Kids corner entertainment and playground. Something for all!
School Calendar

Please check the calendar regularly as some events are subject to change.

Keeping our Beautiful
Children Safe in the Sun!

Hats must be worn outside commencing the 1st of September until the 1st of May each year.

APRIL

11th April  Curriculum Day
           Term 2 Starts (Student free day)
14th April  Fresh Fruit Thursday commences
19th April  School Council
24th April  Market
25th April  ANZAC Day (Public Holiday)
29th April  Last day of Sun Smart Season (take hats home for a wash)

MAY

2nd May    Golf Day Fundraiser
4th May    District Cross Country
4th May    Whole School Dental Program
5th May    Mothers Day Staff Fundraiser
16th May   Education Week
17th May   School Council
18th May   Special Visitors Grandparents Day
19th May   Curriculum Day (Student Free Day)
24th May   Division Cross Country
25th—27th May Grade 3 & 4 Camp
26th May   Lightening Premiership AFL/Netball
           Grade 5 & 6 National Sorry Day
29th May   Market

JUNE

2nd June   Soup at School Day
9th June   Region Cross Country Keilor
10th June  National Celtic Festival 10th—13th Queens Birthday Public Holiday
21st June  School Council
24th June  End Term 2—2.30 pm finish
           Red Nose Day
26th June  Market

JULY

11th July   Term 3 Starts
14th July   State Cross Country
19th July   School Council
31st July   Market
16th August School Council
28th August Market

AUGUST

15th—19th August Book Fair
16th August School Council
28th August Market

SEPTEMBER

16th September Dress Up Footy Day
25th September Market

OCTOBER

3rd October  Term 4 starts
13th October Pink Day
18th October School Council
30th October Market

NOVEMBER

9th November Whole School Dental Program
15th November School Council
27th November Market

DECEMBER

5th—16th Swimming whole school
7th December Grade 3-6 Swimming Carnival
19th December End of Year Assembly
20th December End of year 1.30pm finish
Reminders

FANCY A CUPPA? - PARENT CONNECT
Coffee (or tea or hot chocolate!) - Every Monday Morning at 9am in the Library

Our Parent Connect team has started a get-together of interested parents/carers (and some pre-schoolers who love playing with the toys). It is very informal. We have our great coffee and hot chocolate pods available (or tea if you prefer). It is a great way for our school community to get to know one another. Your children also see that you are connecting to our school in a positive way and that really helps to strengthen their sense of belonging which in turn supports them to be better learners.

Portarlington Market
Last Sunday of Every Month

Our monthly market is held at the park opposite the school and within the spacious facilities of Parks Hall. The market is located on the picturesque Bellarine Peninsula overlooking the bay with views to the You Yangs mountain ranges. Inside and Outside stall holder spaces available.

Contact Details
Portarlington Primary School
100 Newcombe Street, Portarlington, Victoria, 3223.
Telephone: 52 59 25 72

Website: portps.vic.edu.au

Online Booking: trybooking http://www.trybooking.com/GGKM
Mobile Telephone: 0408 108 869
Email: portarlingtonmarket@gmail.com

Follow Us!
Facebook: search Portarlington Market
Instagram: Portarlington Market
Twitter: @ppsmarket
FUNDRAISING

We're very excited to be fundraising with Entertainment™ this year. Order your NEW 2016 | 2017 Entertainment™ Books and Entertainment™ Digital Memberships from us today, and 20% of the proceeds contribute towards our fundraising!

Available as a traditional Entertainment Book - or - Digital Membership on your smartphone, your Membership gives you over $20,000 worth of valuable offers valid through to 1 June 2017!
Reminder - Student Supervision

Staff supervise the school yard between 8.40—9am, 11-11.30am, 1.40-2.15pm and 3.15-3.30pm.
Children arriving at school before 8.40am must be booked into the before school care program, Kelly Club, no supervision is provided before this time.

Yard Supervision

Please discuss this with your child. Our school yard is always supervised. Staff wear fluorescent vests for easy identification. Staff members may also be found in the office and staff room during break times. Passive play operates (with a teacher), at lunch time in the library.

Active Travel

Wednesdays are Walk to School Days.
Please make sure that you are walking a safe route when you come to school. We have spotters looking out for children being active and staying safe.

Max Singleton CONGRATULATIONS on being a safe active traveller this fortnight.
Well Done!!
Commencing in Term 2!

Reminder:

Music and Movement for Parents & Pre-schoolers on Tuesday mornings at 9.15am

FREE

Storytime

** There will be a children’s activity after the book reading **

9.15am ~ 9.45am (commencing Friday 15 April)

Fridays, Storytelling with Eleonor
<table>
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<tr>
<th><strong>Tips to help anxious kids cope</strong> – Michael Grose (parenting educator)</th>
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<tbody>
<tr>
<td>Last weekend I spoke on ABC Melbourne radio about helping kids to cope with anxiousness. It’s great to be back on the radio and to hear firsthand from parents who are dealing with this issue day-to-day.</td>
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<tr>
<td>For those with no personal experience of anxiety it can be hard to understand how debilitating it can be. “Come on, get on with it,” seems so obvious. Of course, this response is nowhere near adequate.</td>
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<td>Most kids experience some anxious moments or have fearful thoughts and feelings from time to time about certain events. These thoughts and feelings prompt them to proceed with caution.</td>
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<tr>
<td>But anxiety and fear can be paralysing. Some kids simply can’t stop their ‘bad thoughts and feelings’. They can’t silence the voice of fear that whispers to them continually.</td>
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<tr>
<td>Anxiety is a normal part of life and can be managed, but it takes time. It’s also contagious so it’s the job of parents to stay calm, think clearly and role model confidence when kids get anxious.</td>
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<tr>
<td><strong>Calm</strong> is created through your words, voice and facial expression. When children become anxious, help them recognise what’s happening. Some kids get angry, some become upset and others withdraw. Work out the pattern for your child and help them recognise when they are anxious.</td>
</tr>
<tr>
<td><strong>Accept</strong> your child’s anxious feelings. Your child needs to trust that you are with them, and then they will be more willing to let you help them cope. It’s hard sometimes to differentiate between what may be a bad case of negative thinking and true anxiety.</td>
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<tr>
<td>Is a child being negative when she doesn’t want to join a new club because she thinks no one will like her, or is there something more going on? Try to confirm whether there is any validity in their fears. If not, point out diplomatically, that they may be catastrophising. If you feel there is reason for concern, help them to overcome their anxiety.</td>
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<tr>
<td><strong>Challenge</strong> the validity of your child’s fears and anxiety, using logic and rational thinking. Don’t allow kids to wallow in self-pity. Move their thoughts towards the future rather than allow them to mope around.</td>
</tr>
<tr>
<td><strong>Encourage</strong> your child to overcome their anxiety through action.</td>
</tr>
<tr>
<td><strong>Anxiety is normal</strong>, and part of everyday life. However, it can be debilitating unless it’s managed. Anxiety management takes time for kids to learn, but it’s one of those valuable life skills that parents can teach their kids.</td>
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Sprouts Lunch orders on Fridays:

Lunch orders are available every Friday. You will need to set up a log in at www.sproutscanteen.com and order from the Portarlington menu only.

Payment is made online. Orders need to be lodged by 8am Friday morning but preferably the night before. Late orders will not be processed. The menu is delicious, so give it a go. Orders are delivered to the school at 1.15pm.

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School Uniform:
The students are looking amazing in their complete uniforms. If you can’t find an item, please ask, as we will do our best to make sure that we keep them all looking part of a team.

Hair: hair that is past shoulder length is to be tied up
Nail polish other than clear is not welcome
Bike shorts are only to be worn under a skirt or dress, not as a uniform item.
Leggings (dark blue only) can be worn under shorts, dress or skirt, not worn by itself with a long T shirt.
Shoes – runners or black school shoes only
Hair ties – dark blue or red
Jewellery- only sleepers or stud ear rings. No necklaces or any kind for safety.

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